

Vidya Sanskaar International Public School

(Affiliated to Central Board of Secondary Education)

Machohalli Gate, Magadi Main Road, Bengaluru-91

ABHIVYAKTI/ಅಭಿವ್ಯಕ್ತಿ/अभिव्यक्ति

May 2026 | Issue 12



A platform where young minds express, explore, and excel.”

Volume 01

Email: vsips@vidyasanskaar.edu.in,
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Principal's Note



Mrs. Sumana Shenoy
Principal

Dear Students, Parents, Teachers, and Well-wishers,

As we present the final edition of Abhivyakti for Volume 1, I am filled with immense pride and gratitude. This newsletter has been more than a compilation of events and achievements; it has been a reflection of the vibrant spirit, creativity, and collective efforts of the Vidya Sanskaar family.

Over the past months, we have witnessed remarkable growth in our students—not only in academics but also in character, leadership, innovation, and social responsibility. Each edition of Abhivyakti has captured memorable moments, inspiring accomplishments, and the enthusiasm that defines our learning community.

I extend my heartfelt appreciation to our dedicated teachers, supportive parents, and enthusiastic students whose contributions have made this publication meaningful and successful. Your unwavering commitment to excellence continues to strengthen the foundation of our institution.

As we conclude Volume 1, let us celebrate our achievements while looking forward to new opportunities and greater milestones in the coming year. May we continue to learn, explore, create, and inspire one another with the same passion and determination.

Thank you for being an integral part of this wonderful journey. Wishing you all a joyful, peaceful, and productive year ahead.

Warm regards,

Mrs. Sumana Shenoy
Principal

Vidya Sanskaar International Public School



TABLE OF CONTENTS

- 1. SPM Auditorium**
- 2. Staff Day**
- 3. Summer camp - 1**
- 4. Parent Teacher meeting Class Nur-9**
- 5. Class photos Class 5 -7**
- 6. B R Ambedkar Jayanthi**
- 7. Basava Jayanthi**

SPM AUDITORIUM



On 09/04/2026, our school proudly inaugurated the new SPM Auditorium in M Block. The inauguration ceremony was conducted with great enthusiasm in the presence of the management, staff. A special pooja was also performed in the school campus to seek blessings for prosperity, success, and the well-being of all. The event marked a memorable milestone in the growth and development of our institution.

STAFF DAY



Staff Day was celebrated on 10/04/2026 with great enthusiasm and joy. Teachers and staff members actively participated in various cultural and fun activities. The celebration recognized the dedication, hard work, and contribution of all staff members. The program created a cheerful atmosphere and strengthened the bond among the staff.



As you move on to new opportunities, we sincerely thank you for your dedication and valuable service to the institution.

Your hard work, commitment, and support will always be remembered with gratitude.

May your future be filled with success, happiness, and new achievements.

Wishing you all the very best in your future endeavors.

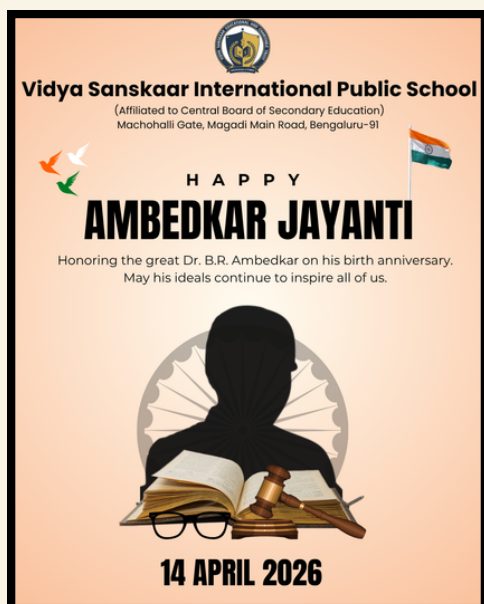
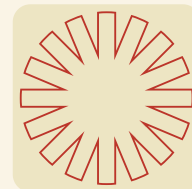
SUMMER CAMP - 1



The school successfully organized a fun-filled and engaging Summer Camp for students. Various activities were conducted to enhance creativity, teamwork, communication, and overall personality development. Students actively participated with great enthusiasm and learned many new skills during the camp.

At the valedictory ceremony, certificates were distributed to all the participants in recognition of their active involvement and successful completion of the Summer Camp. The event concluded on a joyful note with students cherishing memorable experiences and achievements.

B R AMBEDKAR JAYANTHI

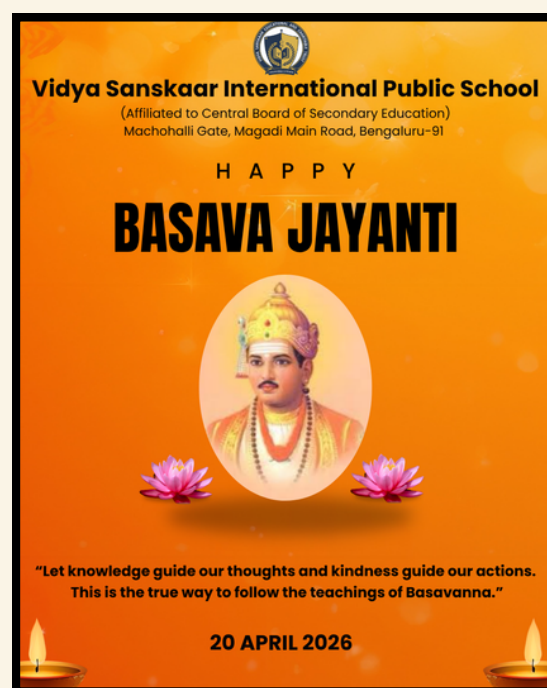


Our school proudly celebrated the 135th birth anniversary of B. R. Ambedkar through a meaningful online session on 14 April 2026. Teachers enthusiastically participated in the virtual programme to honour the architect of the Indian Constitution. The session began with a tribute to Dr. Ambedkar's life and his valuable contributions towards equality, justice, education, and social reform.

The programme emphasized the importance of constitutional values and encouraged students to follow Dr. Ambedkar's message: "Educate, Organize, Agitate." The online celebration concluded with a pledge to uphold unity, equality, and respect for all.

BASAVA JAYANTHI

Our school celebrated Basava Jayanthi through an online session with great devotion and enthusiasm. Teachers paid tribute to Basavanna by remembering his teachings on equality, truth, and humanity. The virtual program included speeches, vachana recitations, songs, and presentations highlighting his valuable contributions to society.

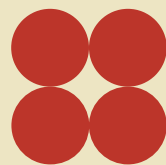


PARENT TEACHER MEETING CLASS NUR-9

The Parent Teacher Meeting (PTM) for Classes Nursery to IX was conducted on 06/04/2026 and 07/04/2026 for the distribution of Annual Examination Report Cards. Parents interacted with teachers to discuss the academic performance, progress, and overall development of their children. The meeting provided a valuable opportunity to strengthen communication between parents and teachers and to plan supportive strategies for the students' future learning and growth.

CLASS PHOTOS

CLASS 5



CLASS 5B



CLASS 5A



CLASS 5D



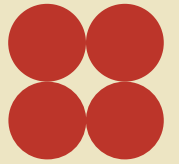
CLASS 5C



CLASS 5E

CLASS PHOTOS

CLASS 6



CLASS 6A



CLASS 6B



CLASS 6C

CLASS 6D

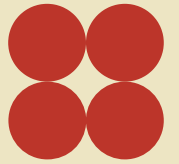


CLASS 6E



CLASS PHOTOS

CLASS 7



CLASS 7B



CLASS 7A



CLASS 7D



CLASS 7E



CLASS 7C

STAFF CORNER

Tiny Tummy Treats

“Nutritious Bites for Bright Minds!”

“Soft, Steamed, and Super Healthy Recipe”

Summer vacation has come to an end. Schools have started. Parents! Are you thinking of a healthy meal? Don't worry, I am sharing a nutritious and simple recipe for you.

Mini Vegetable Idli

Ingredients

- Idli batter
- Grated carrot
- Chopped coriander
- Little salt
- Onion(Optional)

Method

1. Mix vegetables into idli batter.
2. Pour into mini idli molds.
3. Steam for 10 minutes.
4. Serve with mild chutney.

Easy to Digest

Idli is soft, light, and gentle on the stomach, making it suitable for children and elders.

Rich in Energy

Made from rice and urad dal, idli provides carbohydrates and protein for daily energy.

Healthy Cooking Method

Idli is steamed, not fried, so it contains less oil and fat.

Good for Gut Health

The fermented batter supports healthy digestion and improves nutrient absorption.

Protein Source

Urad dal in idli helps in muscle growth and body development.

Can Be Made More Nutritious

Adding vegetables like carrot, spinach, or beetroot increases vitamins and minerals.

**Roopa J
CFP
VSIPS**



STUDENT CORNER



**BESMITHA R
9C**



**B U HITHAISHI
10B**



**K P SHRAVANI DEEPAK
7B**



ANUSHKA SHEETAL MUTTALAMURI 10B

IMPORTANT EVENTS IN MAY

1. Parent orientation program Nursery -10
2. School Reopens for Staff
3. School Reopens for Students
4. Summer camp - 2
5. Teachers training 05/05/2026 to 12/05/2026
6. Parent Awareness Program - Preprimary
7. Vidyapravesh - Back to school activity - Preprimary

EDITORIAL COMMITTEE

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Roopa J (CPF)
VSIPS

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